**Anthropometric Measurement Check Off**

**Height**

1. **Measures your partners height in feet and inches**
2. **Calculate in inches ( one foot = 12 inches)**
3. **Calculates in cm (x inches by 2.54**

**Weight**

**Calculate to nearest ½ lb ( Dr Lucy to check)**

**Calculate BMI using chart in book**

**Complete vital signs 2 step B/P**

 **P**

 **R**

**Temp: Take Tympanic Temperature in F.**

**What would it be in Celsius?**

**Vision**

**Far Vision: Complete Snellen wall chart on partner.**

1. **Covers left eye**
2. **Covers right eye**
3. **Both eyes ( bifocal)**
4. **What are the results? Is the result normal?**

**Near Vision: Complete Rosenbaum**

**1. Cover left eye**

**2. Cover right eye**

**3. Both eyes (bifocal)**

**4. What are the results? Is the result normal?**

**Ishahara test**

**Complete the Ishahara form using the plates book**

**Is partner color blind?**