**Anthropometric Measurement**

**Height**

1. **Measure your partners height in feet and inches**
2. **Calculate in inches ( one foot = 12 inches)**
3. **Calculate in cm (x inches by 2.54**
4. **Measure a baby’s height?**
5. **Measure baby’s head circumference**

**Weight**

**Calculate to nearest ½ lb ( Dr Lucy to check)**

**Calculate BMI using chart in book**

**Complete vital signs B/P P R**

**Temp: Take Tympanic Temperature in F. Is it normal?**

**Use conversion for Celcius:**

**Farenheight number -32 then multiply by 5 and divide by 9**

**e.g 98.6-32=66.6 66.6x5/9=37.0**

**Vision Lab**

**Vision**

**Far Vision: Complete Snellen wall chart on partner. Remember 20 feet away and start at 20:200**

1. **Cover left eye**
2. **Cover right eye**
3. **Both eyes ( bifocal)**
4. **What are the results? Is the result normal?**

**Near Vision: Complete Rosenbaum Test. Remember hold card 14-16 “ away from eye**

**1. Cover left eye**

**2. Cover right eye**

**3. Both eyes ( bifocal)**

**4. What are the results? Is the result normal?**

**Ishahara test**

**Complete the Ishahara form using the plates book**

**Is your partner color blind?**

**Read the Chapter One CCMA review**

**Review the key medical terminology**

**Complete 10 question drill questions**